

CURRICULUM VITAE ABREVIADO (CVA)

Part A. PERSONAL INFORMATION

First name	Marco		
Family name	Garrido Cumbreira		
Gender (*)	Male	Birth date	
Social Security, Passport, ID number			
e-mail		URL Web	
Open Researcher and Contributor ID (ORCID) (*)	0000-0001-9727-1189		

A.1. Current position

Position	Full professor [Catedrático de Universidad]		
Initial date	2023		
Institution	University of Seville [Universidad de Sevilla]		
Department/Center	Geography Regional Analysis and Physical Geography	Faculty of Geography and History	
Country	Spain	Teleph. number	
Key words	Health Geography, Social Inequalities, Environmental Justice		

A.2. Previous positions (research activity interruptions, indicate total months)

Period	Position/Institution/Country/Interruption cause
2002-2005 (3 years)	Pre-Doctoral Researcher / Faculty of Medicine - University of Cádiz / Spain / End of PhD
2005-2007 (2 years)	Post-Doctoral Researcher Public Officer / World Health Organization (WHO) / Switzerland / Contract expiration
2008 (5 months)	Post-Doctoral Researcher / Public Health Agency of Barcelona / Spain / New Job
2008-2023	Associate Professor [Profesor Titular] / Faculty of Geography and History - Universidad de Sevilla / Spain / Currently active

A.3. Education

PhD, Licensed, Graduate	University/Country	Year
PhD in Geography	Universidad de Sevilla	2005
Master's in Public Health	Universidad de Cádiz	2003
Advance Studies Degree [D.E.A.]	Universidad de Sevilla	2002
Degree in Geography	Universidad de Sevilla (1 year at the Université Toulouse Le Mirail, France)	2000

Part B. CV SUMMARY (max. 5000 characters, including spaces)

Dr. Marco Garrido is a Full Professor [Catedrático de Universidad] of the Department of Physical Geography and Regional Geographic Analysis at the University of Seville and a founding member of the research group Health and Territory Research (HTR, PAIDI HUM-981). With an extensive academic and research career, he specializes in Health Geography (UNESCO Code 250506), focusing on Urban Health, Mental Health, Environmental Justice, Social Inequalities, and Health Policies. Dr. Garrido has an outstanding scientific output, with over 65 articles published in indexed journals (WoS/Scopus), 10 books, and 10 book chapters with prestigious publishers like Routledge, Springer, and WHO. His work has been presented at more than 120 international conferences, with an h-index of 19 (WoS/Scopus) and 25 (Google Scholar), and over 2,500 citations across different platforms. He has directed or supervised 9 Ph.D. theses (3 completed, 6 in progress) and more than 100 academic theses (Bachelor's and Master's). He holds 4 six-year research terms ['sexenios'], including one in knowledge transfer ['transferencia'] and 3 five-year teaching terms ('quinquenios'). Dr. Garrido has participated in more than 35 research projects, serving as the principal investigator in 6 competitive projects and over 10 knowledge transfer contracts. Notably, he has led ground-

breaking studies such as the Atlas of Axial Spondyloarthritis in Spain (2017), the Atlas of Migraine in Spain (2018), and The International Map of Axial Spondyloarthritis (IMAS), implemented in 27 countries. He has also coordinated major R&D+i projects, including URDIS, GreenAndCITIES, GreenTEENS, and the Erasmus+ CISCOS project under the Knowledge Alliances program of the European Commission. Dr. Garrido's international experience is extensive, with research stays at institutions like the World Health Organization (WHO) in Geneva, FAO (Rome), Columbia University (USA), Maynooth University (Ireland), and the Universidade Federal do Rio de Janeiro (Brazil). While at WHO, he contributed to global projects such as the WHO Mental Health Atlas, Neurological Disorders: Public Health Challenges, and the Atlas of Multiple Sclerosis Resources in the World (2008). A recognized expert in Health Geography, Dr. Garrido combines applied research, knowledge transfer, and international collaboration to address global challenges in health and territorial planning. Recently, he became a member of the IUCN WCPA Health and Well-Being Specialist Group Advisory Committee.

Part C. RELEVANT MERITS

C.1. Publications

1. González-Marín, A., & **Garrido-Cumbrera, M.** (2025). Assessing urban vegetation inequalities: Methodological insights and evidence. *Ecological Informatics*, 102987.
2. **Garrido-Cumbrera, M.** (2024). What is the right dose of nature for mental health? Quantity, quality, distance, and exposure time. In Routledge Handbook on Spaces of Mental Health and Wellbeing (pp. 41-54). *Routledge*.
3. González-Marín, A., **Garrido-Cumbrera, M.** (2024). Did the COVID-19 pandemic influence access to green spaces? Results of a literature review during the first year of pandemic. *Landsc Ecol* 39, 23.
4. **Garrido-Cumbrera, M.** González-Marín, A., Correa-Fernández, J., Foley, R. (2023). Can Views and Contact with Nature at Home Help Combat Anxiety and Depression during the Pandemic? Results of the GreenCOVID study. *Brain and Behavior*, 13(3), e2875.
5. **Garrido-Cumbrera M.**, Foley R, Correa-Fernández J, González-Marín A, Braçe O, Hewlett D. (2022) The importance for wellbeing of having views of nature from and in the home during the COVID-19 pandemic. Results from the GreenCOVID study. *J Environ Psychol.* Oct;83:101864.
6. Foley, R. and **Garrido-Cumbrera, M.** (2021) Why Green/Blue Spaces matter more than ever. In, Andrews et al. (eds), COVID-19 and Similar Futures: Geographical perspectives, issues and agendas (Springer Global Perspectives on Health Geographies Series), London: **Springer Nature**.
7. **Garrido-Cumbrera M**, Foley R, Braçe O, Correa-Fernández J, López-Lara E, Guzman V, González Marín A, Hewlett D. (2021). Perceptions of Change in the Natural Environment produced by the First Wave of the COVID-19 Pandemic across Three European countries. Results from the GreenCOVID study. *Urban Forestry & Urban Greening*. Sep;64:127260.
8. Braçe O, **Garrido-Cumbrera M**, Correa-Fernández J. (2021). Gender differences in the perceptions of green spaces characteristics. *Social Science Quarterly*. First published: 18 October 2021.
9. Braçe O, Duncan DT, Correa-Fernández J, **Garrido-Cumbrera M.** (2021). Association of sleep duration with mental health: results from a Spanish general population survey. *Sleep Breath*. 2021 May 18. Online ahead of print.
10. Guzman V, **Garrido-Cumbrera M**, Braçe O, Hewlett D, Foley R. (2021). Health and wellbeing under COVID-19: the GreenCOVID survey. *Irish Geography* 53(2) 10.2014/igj.v53i2.1420
11. Braçe O, **Garrido-Cumbrera M**, Foley R, Correa-Fernández J, Suárez-Cáceres GP, Laforteza R. (2020). Is a View of Green Spaces from Home Associated with a Lower Risk of Anxiety and Depression? *Int. J. Environ. Res. Public Health*, 17(19), 7014.

12. **Garrido-Cumbrera, M.**, Braçe, O., Suárez-Cáceres, GP, Correa-Fernández, J. (2020). Does having Children or a Dog influence Visits to Urban Green Spaces? **Landscape Research**, 45(8), 1018-1031
13. **Garrido-Cumbrera, M.**, Gálvez-Ruiz, D, Braçe, O & López-Lara, E. (2018). Exploring the association between Urban Sprawl and Mental Health. **Journal of Transport & Health**, 10, 381-390.
14. **Garrido-Cumbrera, M.**, Braçe, O., Ruiz, D. G., Lara, E. L., & Cuevas, P. D. (2017). Exploring the Influence of Sprawl on Commuting in the Seville Metropolitan Area (Spain). **Journal of Transport & Health**, 5, 42.
15. Gálvez Ruiz, D.; Díaz Cuevas, M.P. Braçe, O.; **Garrido Cumbrera, M.** (2017). Developing an index to measure sub-municipal level urban sprawl. **Social Indicators Research**. 134, 1-24.
16. Braçe, O.; **Garrido Cumbrera, M.**; Gálvez Ruiz, D.; López Lara, E. (2017). Assessing the Influence of Urban Sprawl on Commuting Mode Choice. **Boletín de la Asociación de Geógrafos Españoles**. 75, 2017, 497-507.
17. **Garrido-Cumbrera M.**, Rodríguez-Mateos J.C., López-Lara E. (2016). The Role of Inland Mid-Size Towns and Cities in Regional Development. The Case of Andalusia. **Boletín de la Asociación de Geógrafos**. 71, 687-690.
18. López-Lara, E., **Garrido-Cumbrera, M.**, & Díaz-Cuevas, M. P. (2012). Improving Territorial Accessibility of Mental Health Services: The case of Spain. **The European Journal of Psychiatry**, 26(4), 227-235.

C.2. Congress

1. **Garrido-Cumbrera M.**, Correa-Fernández J., González Marín A. Evaluating Access to Green Spaces among Vulnerable Adolescents in Major Spanish Metropolitan Areas (GreenTEENS). Urban Transitions 2024. Sitges, Barcelona (oral presentation).
2. González Marín A. and **Garrido-Cumbrera M.** A Scoping Review of the Use of Vegetation Indices for the Assessment of the Distribution and Quality of Urban Greenery. 35th International Geographical Congress 2024. Dublin, Ireland (oral presentation).
3. **Garrido-Cumbrera, M.**, Guzman, V., Braçe, O., Hewlett, D., and Foley, R. Associations of the Natural and Built Environment with Mental Health during COVID-19: Irish perspectives from the GreenCOVID study. EPA 2020 Environment, Health and Wellbeing, 2020 (invited conference).
4. Braçe, O.; **Garrido-Cumbrera, M.**; Gálvez-Ruiz, D.; López-Lara, E. "Urban Green Space and its Impact on Mental Health". Urban Transitions 2018 "Integrating Urban and Transport Planning, Environment and Health for healthier Urban Living". Sitges, Barcelona (oral presentation).
5. Braçe, O.; **Garrido-Cumbrera, M.**; López-Lara, E. "Influencia de las Zonas Verdes en la práctica de la Actividad Física y en la Salud de la Población". VIII Congreso de Geografía de los Servicios y VII Congreso del Grupo de Estudios Regionales de la AGE (invited conference).
6. **Garrido-Cumbrera, M.**; Díaz-Cuevas, P.; Braçe, O.; Gálvez-Ruiz, D.; López-Lara, E.; Chacón-García, J. "The impact of Proximity to Green Space and Sports Facilities and Physical Activity Practice." International Conference on Urban Health. Coimbra 2017 (poster).
7. **Garrido-Cumbrera, M.**; Braçe, O.; Gálvez-Ruiz, D.; E. López-Lara, E.; Díaz-Cuevas, P. "The relationship between Urban Sprawl and Overweight/Obesity in a European Mediterranean context". International Conference on Urban Health. Coimbra 2017 (oral presentation).
8. **Garrido-Cumbrera M.**; Gálvez Ruiz, D.; Chacón García, J.; Braçe, O.; Díaz Cuevas, P.; López Lara, E.; "The Effects of Urban Sprawl on Mental Health: A study of a Municipality in the Seville Metropolitan Area (Spain)." International Conference on Transport & Health. "Changing Perspectives. Health Impacts of Urban & Transport Related Exposures." ISGlobal Barcelona (oral presentation).

C.3. Research projects

Dr. Marco Garrido, the PI of the project, has contributed to numerous research studies with results widely shared both nationally and internationally. He has served as PI and/or researcher in various publicly and privately funded research projects, including the following:

- **"Large-scale Interdisciplinary Alliance on Nature-based SoLutions and Health: Indicators, InequalitY and Innovation (LILY)"**, EU COST Action CA23133. Working group.
- **"Social Inequalities in Access to Green Spaces among Adolescent Population in the Main Spanish Cities"** (FS23-1B141). Observatorio Social. Fundación "la Caixa". (IP).
- **"Desigualdades en la Distribución Territorial del Verdor en Ciudades Andaluzas" (GreenAndCITIES)** (PROYEXCEL_00566) (2022-2025). Proyecto Excelencia Junta de Andalucía (IP).
- **"Connecting Inclusive Social Planning, Community Development and Service Provision CISCOS"** (588022-EPP-1-2017-1-DE-EPPKA2-KA) (01/01/2018 - 31/12/2020). EU Erasmus +. KA2 Knowledge Alliance. University of Siegen (Germany), University of Seville (Spain), European Association of Service Providers for Persons with Disabilities (Belgium), Warsaw Schools of Economics (Poland), CUDV Draga (Slovenia), Hand in Hand Foundation (Hungary), Municipality of Lund (Sweden), and Disability Federation Ireland (IP).
- **"Influence of Urban Dispersion and Green Zones on Physical Activity and Overweight/Obesity in Euro-Mediterranean Countries"** (EUIIN2017-87667). State Program of R+D+I Oriented to the Challenges of Society. Subprogram: Actions of international dynamization "Europe Research" 2017. MINECO. (January 2018 to June 2019, IP).
- **"Evaluation of the Impact of Urban Dispersion on Living Habits, Urban Mobility and Health of the Adult Population in Spanish Metropolitan Areas"** (CSO2015-66855-P). Ministry of Economy and Business (2015-2018). Most of the researchers have participated, as a research team, in the tasks of the URDIS scientific project "Evaluation of the Impact of Urban Dispersion on Living Habits, Urban Mobility and Health of the Adult Population in Spanish Metropolitan Areas" funded by the Ministry of Economy and Business. (IP).
- **"Development of a Model to Optimize Access and Use of Mental Health Services in Spain MODEMENT"** (CSO2009-13268) (2009-2012), Ministry of Economy and Business. (Investigador)
- **"Geographical Inequalities in the Use of Mental Health Services in the Macarena Hospital Area of Seville"** (PI-0297/2010). Call for Grants for the Financing of Biomedical and Health Sciences Research in Andalusia. Consejería de Salud. (IP).

C.4. Contracts, technological or transfer merits

1. **"Assessment of the Impact of the COVID-19 Pandemic on People with Rheumatic Diseases in Europe (REUMAVID)"**. 3624/258. Research Foundation of the University of Seville. Contract 68/83. Financing entity: Novartis. 1/05/2019 - 31/12/2022. IP.
2. **"International Map of Axial Spondyloarthritis (IMAS)"**. 2914/0773. Research Foundation of the University of Seville. Contract 68/83. Financing entity: Novartis. 1/04/2017 - 31/12/2022. IP.
3. **"Atlas de Migraña en España"**. 3028/0773 Research Foundation of the University of Seville. Contract 68/83. Financing entity: Novartis. 01/04/ 2017 a 30/04/2018. IP.
4. **"Atlas de Espondilitis Anquilosante en España"**. 2735/0773. Research Foundation of the University of Seville. Contract 68/83. Financing entity: Novartis. 15/03/2016 a 31/03/2017. IP.
5. **"Atlas Laboral de las Personas con Discapacidad en España 2016"**. 2483/0773 Research Foundation of the University of Seville. Contract 68/83. Financing entity: Grupo SIFU. 01/01/2015 - 31/12/2015. IP.
6. **Collaboration agreement between the University of Seville and the City Council of Mairena del Aljarafe (IP) and the City Council of Carmona (IP).**